

**Policies Governing Self-Administration of Prescription Asthma Medicine  
while on School Property or a School-related Activity**

House Bill (HB) 1688 passed by the 77<sup>th</sup> Legislature and signed into law, allows a student with asthma to possess and self-administer prescription asthma medicine.

HB 1688 creates an exception to the HISD medication policy that all medications are to be kept in a locked area in the nurse’s office and to the mandatory discipline provision in Chapter 37 of the Texas Education Code related to possession and usage of a controlled substance.

**Physician’s Request for Self-Administration of Prescription Asthma Medicine  
while on School Property or a School-related Activity**

To the principal of : \_\_\_\_\_ School Date: \_\_\_\_\_

Name of child: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

*The above named student has asthma and according to my signature below the student is capable of self-administering the prescription asthma medication.*

Name of medication: \_\_\_\_\_

Form of medication: oral  inhalation  injection other (specify): \_\_\_\_\_

Purpose of medicine: \_\_\_\_\_

Prescribed dosage: \_\_\_\_\_

Frequency/time or circumstance under which the medicine may be administered: \_\_\_\_\_

Period for which the medicine is prescribed: \_\_\_\_\_

*A new medication permit is required for each school year.*

\_\_\_\_\_  
Physician’s Signature

\_\_\_\_\_  
Physician’s name (print or type)

\_\_\_\_\_  
Telephone

**This is your permission to allow your child to self-administer the medication as requested by the physician.**

\_\_\_\_\_  
Parent’s Signature

\_\_\_\_\_  
Telephone

The physician’s statement must be kept on file in the office of the school nurse or the principal of the campus the student attends.